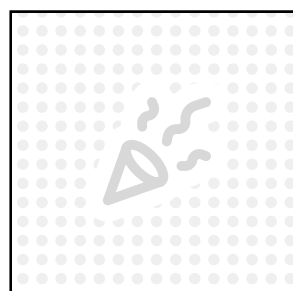
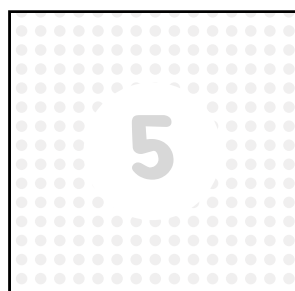
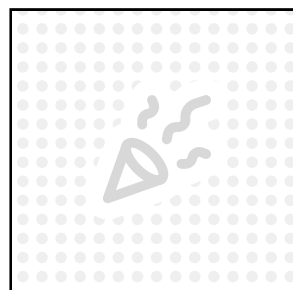
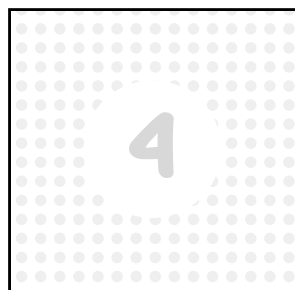
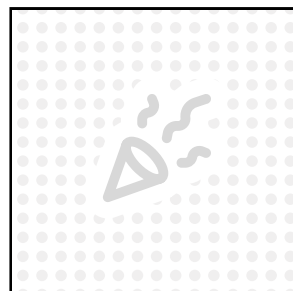
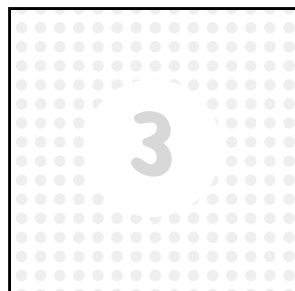
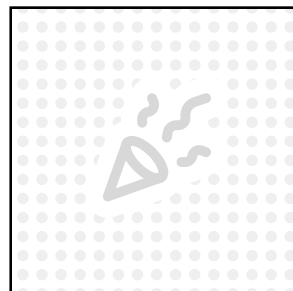
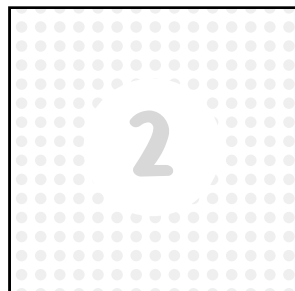
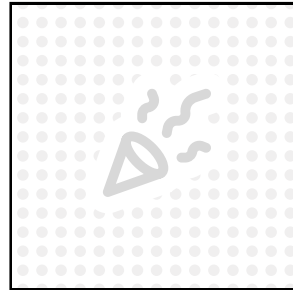
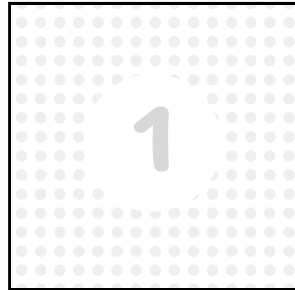


# Good & Fun Routine

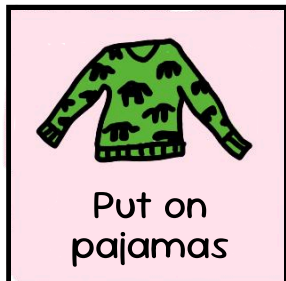
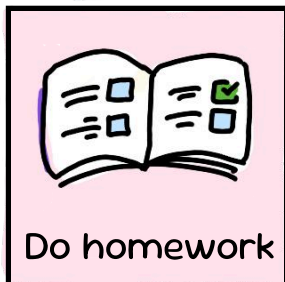
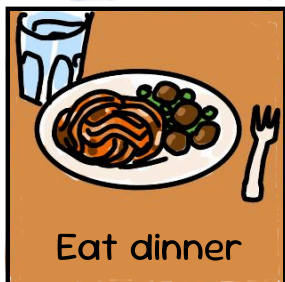
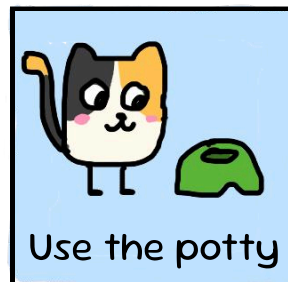
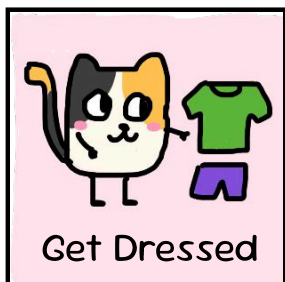
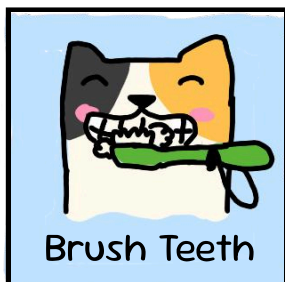
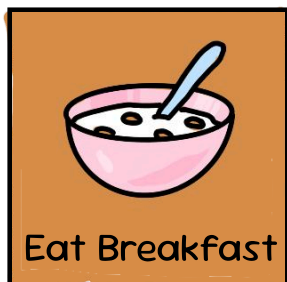
A Visual Support by The Catbears

## Good Things

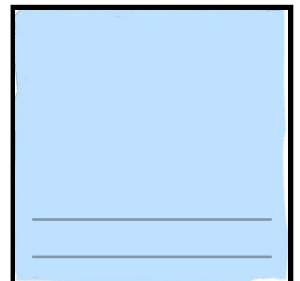
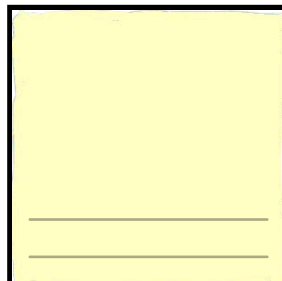
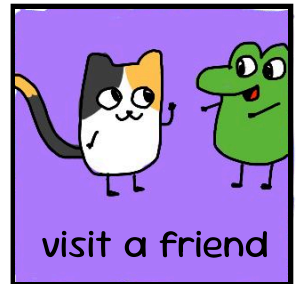
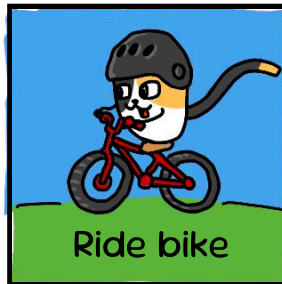
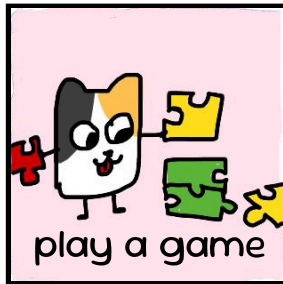
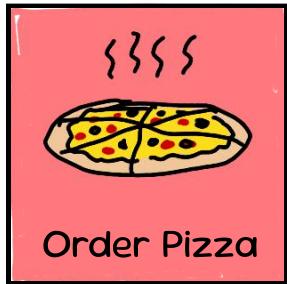
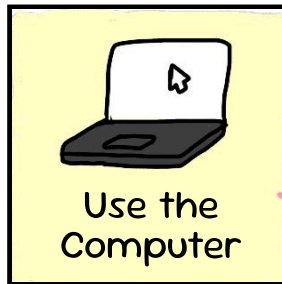
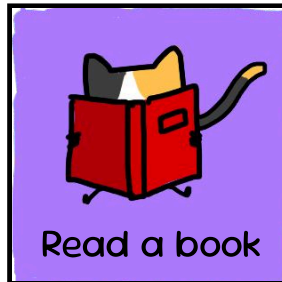
## Fun Stuff



# Good Things



# Fun Stuff



## How to use Good & Fun Routine:

- 1 Cut:** Get a pair of scissors and cut all the good things and the fun stuff in two separate piles.
- 2 Pick your "Good Things":** These are the important jobs that help you grow and stay healthy.
- 3 Pick your "Fun Stuff":** These are the activities you love most, like games or play time.
- 4 Tape:** Tape them together in the Good & Fun Routine page, to show that finishing the good thing earns the fun stuff.
- 5 Follow the arrows:** Do one "Good Thing" to earn one "Fun Stuff".



Every time you finish a row, you've done a great job managing your day! We hope this helps you with your daily routine. Remember, even small changes can sometimes make big differences!

Love,  
The Catbears.

