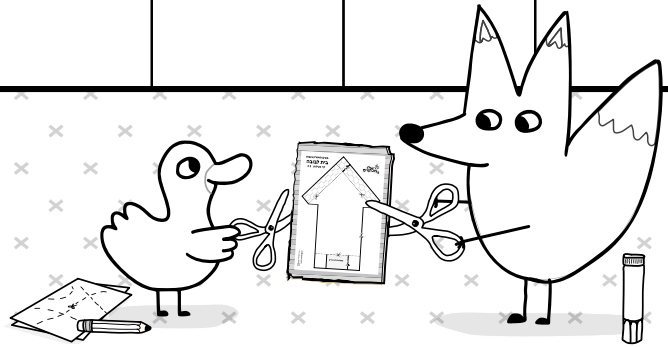


ONE-ON-ONE TIME

MONTH	YEAR

It's _____ and _____ special time together

MON	TUE	WED	THU	FRI	SAT	SUN



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Our days fill up quickly, and it's easy to forget to pause and simply be together.

Let's set aside meaningful time to do something special with our children. It can be drawing, baking, building, playing, or anything else you enjoy together. What matters most is giving them our full attention and helping them feel truly seen.



Make time for what matters most



Plan it together with your child and let them mark your special day on the calendar.



Even one hour a month can become meaningful time together

These moments will help your children feel more safe, calm, and secure, and become some of the best, most meaningful time for you too.

